

CURRICULUM VITAE

Name: Robert C. Gambrell, M.D., FACSM, FAAFP

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Education

- 1977 High School Diploma, Ross High School, Hamilton, Ohio
- 1978-1981 Bachelor of Arts, Chemistry, Miami University, Oxford, Ohio, Cum Laude
- 1981-1985 Doctor of Medicine, Ohio State University, College of Medicine, Columbus, Ohio
- 1985-1986 Transitional Year Residency, Mount Carmel Medical Center, Columbus, Ohio
- 1988-1990 Family Practice Residency, Madigan Army Medical Center, Department of Family Practice, Tacoma, Washington
- 1992-1993 Primary Care Sports Medicine Fellowship, Ohio State University, Department of Family Medicine, Columbus, Ohio

Professional

Certification

- 1990 Diplomate, American Board of Family Practice, Recertified 1996 & 2002.
- 1993 Certificate of Added Qualification in Sports Medicine, American Board of Family Practice, Recertified, 2002.

Academic Appointments

- 2001–present Clinical Associate Professor, Departments of Family Medicine and Surgery, Medical College of Georgia.

Military Medical Service

- 1985-1995 United States Army Medical Corps

- 1990-1991 Battalion Surgeon, 5th Btn, 18th Field Artillery, OPERATION DESERT SHIELD/STORM, Saudi Arabia, Iraq and Kuwait, October 1990-April 1991
- 1981-1985 US Army Health Professions Scholarship Program, Ohio State University, College of Medicine

Committee Assignments

State

- 1998-2001 Chairman, Task Force on Sports Medicine, Georgia Academy of Family Physicians
- 1996-1998 Task Force on Sports Medicine, Georgia Academy of Family Physicians

National

- 2000-2001 Internet Committee, American Medical Society for Sports Medicine
- 1999 Angoff Committee, American Board of Family Practice, 1999 Sports Medicine CAQ Exam Reviewer

Professional Organizations

- 1990 American Academy of Family Physicians, Fellow 1995
- 1995 Georgia Academy of Family Physicians
- 1990 American College of Sports Medicine, Fellow 1994
- 1993 American Medical Society for Sports Medicine

Community/Sports Medicine Activities

- Augusta Boxing Club Physician
- Augusta Lynx Team Physician, Professional AA Ice Hockey
- Augusta Sports Council, Board of Directors
- Family Y, Board of Directors
- Harlem High School Team Physician
- Medical Director, 1999 and 2002 Georgia Games Championships
- USA Boxing Certified Ringside Physician

Honors and Awards

Professional

The Bruce A. Leibert, M.D., Excellence in Teaching Award,
Dwight David Eisenhower Army Medical Center, Family Practice
Residency Program, 1994-1995

Georgia Amateur Boxing Hall of Fame Award, 2002

Ringside Physician of the Year Award, Georgia Amateur Boxing,
2003

USA Boxing Ringside Physician of the Year, 2003

Undergraduate

Graduate Cum Laude

Phi Beta Kappa

Scholar Athlete Award, Miami University Track Team

Military

Bronze Star Medal, OPERATION DESERT STORM

Meritorious Service Medal

Army Commendation Medals (2)

Publications

Journals

Gambrell RC, Blount BW: Exercise-Induced Hematuria. *American Family Physician* 53(3): 905-11, Feb 1996

Gambrell RC: Aerobic Conditioning in Children. *Journal of Back and Musculoskeletal Rehabilitation*, 1(2):21-27, 1991.

Abstracts

Gambrell RC, Duncan J: Shoulder pain – baseball. (Abstract) *Med Sci Sports Exer* 30(5):S534, May 1998.

Gambrell RC: Hematuria – cycling. (Abstract). *Med Sci Sports Exer* 26(5):s200, May 1994.

Gambrell RC, Lombardo JA; Elbow Pain and Loss of Motion in a 14 Year Old Male Athlete. (Abstract). *Med Sci Sports Exer* 25(5):S21, May 1993.

Books

Gambrell RC, Copeland LR, Thorsteinsson G: Low Back Pain, *American Board of Family Practice Reference Guide*, vol. 16, 6th edition, 1999.

Book Chapters

Gambrell RC: Environmental Concerns. In Birrer, Griesemer, Cataletto (ed): *Pediatric Sports Medicine for Primary Care*, Philadelphia, Lippincott Williams & Wilkins, 2002, pp 95-102.

Gambrell RC, Copeland LR, Thorsteinsson G: Low Back Pain, *American Board of Family Practice Reference Guide*, vol. 16, 6th edition, 1999.

Gambrell RC: Thermal Illness and Exercise. In Lillegard, Butcher, and Rucker (ed): *Handbook of Sports Medicine, Second Edition*, Newton, MA, Butterworth-Heinemann, 1999, pp 381-387.

Gambrell RC, Lombardo JA: Drugs and Doping. Blood Doping and rEPO. In Mellion (ed): *Sports Medicine Secrets*, Philadelphia, Hanley & Belfus, 1999, pp 132-135.

Gambrell RC: Hyperthermia and Heart-Related Illnesses. In Field and Fricker (ed): *Medical Problems in Athletes*, Malden, MA, Blackwell Science, 1997, pp 279-284.

Gambrell RC, Lombardo JA: Drugs and Doping. Blood Doping and rEPO. In Mellion (ed): *Sports Medicine Secrets*, Philadelphia, Hanley & Belfus, 1994, pp 130-133.

Presentations

National

Management of Pre-hospital Cervical Spine Injuries in Helmeted Athletes – Clinical Workshop, American College of Sports Medicine, 47th Annual Meeting, Indianapolis, Indiana, May 31, 2000.

Return-to-play Decisions after C-spine Injury – AMSMM Exchange Lecture: The Dilemma of Cervical Spine Injuries in Collision Sports, ACSM 45th Annual Meeting, Orlando, Florida, June 5, 1998.

Shoulder pain – Baseball- Clinical Case Presentation, American College of Sports Medicine, 45th Annual Meeting, Orlando, Florida, June 4, 1998.

Transient Quadriplegia in a High School Football Player – Poster, 1998 Annual Meeting, American Medical Society of Sports Medicine, April 7, 1998.

Amateur Boxing Pre and Post Bout Physical Examination – USA Boxing Fourth Annual Ringside Physician's Course, U.S. Olympic Training Center, Colorado Springs, Colorado, March 15, 1997.

Seizure – Military Training in the Heat – Clinical Case Presentation, American College of Sports Medicine, 41st Annual Meeting, Indianapolis, Indiana, June 4, 1994.

Hematuria – Cycling – Physician Case Presentation, American College of Sports Medicine, 41st Annual Meeting, Indianapolis, Indiana, June 4, 1994.

Thigh Pain in a Female Long Distance Runner – Physician Case Presentation, American Medical Society for Sports Medicine, Second Annual Meeting, Sun Valley, Idaho, July 17, 1993.

Elbow Pain and Loss of Motion in a 14 Year Old Male Athlete – Physician Case Presentation, American College of Sports Medicine, 40th Annual Meeting, Seattle, Washington, June 2, 1993.

Regional and State

Pre-Hospital Management of the Helmeted Athlete with Suspected Cervical Spine Injury – East Central Georgia EMS 2004 Changes Conference, Augusta, Georgia, March 2004.

Treating Weekend Warriors – Georgia Academy of Family Physicians, Summer CME, Amelia Island, Florida, June 2002.

Evaluating Upper Extremities – Georgia Academy of Family Physicians, 53rd Annual Scientific Assembly, Atlanta, Georgia, November 2001.

Hip Problems in Athletes – Georgia Academy of Family Practice, 53rd Annual Scientific Assembly, Atlanta, Georgia, November 2001.

Hands on Orthopedic and Musculoskeletal Medicine- GAFF Summer CME Meeting, Panama City Beach, Florida, June 10, 2001.

Closed Head Injuries in Sports – Georgia Academy of Family Practice, 52nd Annual Scientific Assembly, Atlanta, Georgia, November 2000.

Creative Monohydrate, Long-term Benefits and Potential Adverse Effects – 16th Annual Sports Medicine Seminar, Tifton, Georgia, July 2000.

Overuse Injuries of the Leg – 35th Annual Primary Care and Family Practice Symposium, Medical College of Georgia, February 15 and April 25, 2000.

Selecting Exercise Prescriptions – 35th Annual Primary Care and Family Practice Symposium, Medical College of Georgia, February 15 and April 25, 2000.

Patellofemoral Pain Syndrome – 10th District Georgia Nurses Association/MCG Workshop for Advanced Practice Nurses, Medical College of Georgia, January 29, 1999.

The Use of Ergogenic Aids in Athletes – 14th Annual Sports Medicine Seminar, Tifton, Georgia, July 9, 1998.

Exercise Induced Asthma – 14th Annual Sports Medicine Seminar, Tifton, Georgia, July 9, 1998.

The Preparticipation Physical Examination – 33rd Annual Primary Care and Family Practice Symposium, Medical College of Georgia, February 17 and April 28, 1998.

Field-Side Evaluation of the Injured Athlete – 33rd Annual Primary Care and Family Practice Symposium, Medical College of Georgia, February 17 and April 28, 1998.

Heat Stress/Heat Illness – 13th Annual Sports Medicine Seminar, Tifton, Georgia, July 10, 1997.

Traumatic Sports Injuries – 13th Annual Multiple Trauma Symposium, Medical College of Georgia, Augusta, Georgia, May 7, 1997.

Common Orthopedic Problems in Sports Medicine – Georgia Health Education Alliance, Division of Continuing Education, Medical College of Georgia, February 20, 1997.

Acute Sports Injuries – 32nd Primary Care and Family Practice Symposium, Medical College of Georgia, February 19, 1997 and April 30, 1997.

The Young Athlete – Orthopedic Nursing Conference, Medical College of Georgia, Savannah, Georgia, October 25, 1996.

Field-Side Evaluation of the Injured Athlete – Georgia Academy of the Family Practice, 5th Annual Summer CME Family Weekend, St. Simons Island, Georgia, June 1996.

Common Low Back Problems – 31st Primary Care and Family Practice Symposium, Medical College of Georgia, Augusta, Georgia, February and April, 1996.

Sports Medicine – Second Annual Family Medicine Series, Cooper Hospital/University Medical Center, Camden, New Jersey, January 17, 1996.

Field-Side Evaluation of the Injured Athlete – Uniformed Services Academy of Family Physicians, 19th Annual Scientific Assembly, Norfolk, Virginia, March 17, 1994.

Diarrhea in a Collegiate Long Distance Runner – Physician Case Presentation, Sports Medicine for the Primary Care Physician Symposium, The Cleveland Clinic Educational Foundation, Cleveland, Ohio, May 1, 1993.

Low Back Pain in a Football Lineman – Physician Case Presentation, Sports Medicine for the Primary Care Physician Symposium, The Cleveland Clinic Educational Foundation, Cleveland, Ohio, May 1, 1993.